

Committee on Aging

Minutes

July 8, 2021

Town Hall 305

Present: Ted Trainer, Marti Hess-Pomber, Susan Aubuchon, Linda Sentner, Molly Hoadley, Alaina Tridente LeBlanc (Chamber of Commerce), Candice Simeoni (KPD), Select Board Liaison Blake Baldwin

Excused: Judy Metcalf, Danielle McPherson, Karen Winton (staff liaison)

Guest: Kortney Nedeau (Select Board)

Ted Trainer opened this first live meeting in 15 months at 3:35 pm.

Draft Minutes of June 10<sup>th</sup> meeting, previously distributed, were approved.

Update on MELC. Molly reported the MOU has been signed and that Mike Pardue had told her the Town was zeroing in on a space for our MELC Pod. She said she was waiting for the \$500 grant from the Town to buy specified equipment. Blake said he would follow up. Marti suggested MELC might approach Kennebunk Savings for support.

Update on the Resource Guide. Marti and Linda distributed samples of such guides by neighboring towns, in addition to the relevant information provided by the Town, York County Elder Abuse Task Force, Chamber of Commerce, Southern Maine Agency on Aging and 211. Discussion continued on the possible content, uses, formats, ease of access and maintenance. There was some agreement on placing information in the Avesta Housing and assisted living venues, perhaps in loose-leaf form to simplify updating. Alaina volunteered to develop a tri-fold template for discussion at our next meeting, with help from Linda.

Update on Senior Living Project. Molly reported on conversations with Avesta Housing leading to suggested topics in each of its Kennebunk venues. These included elder abuse, elder law, transportation, volunteer opportunities, Town services and Town history. They would like these presentations to begin in the Fall. Ted said he will discuss a similar plan with Huntington Common, and possibly Atria. The idea is to have a continuing series of presentations in each of these venues.

Discussion on role for a volunteer committee on aging in Kennebunk. There was a frank exchange of views with Blake Baldwin on the generic and specific challenges faced by the CoA and other volunteer committees in Kennebunk. There was agreement to focus attention going forward on finding the best model for implementing age-friendly town objectives, utilizing the AARP age-friendly resource materials and other support mechanisms. Such a model may be outside the Town committee structure.

Meeting adjourned at 5:25 pm.

Next Meeting: August 12, 2021, 3:30 – 5 pm, Town Hall

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